



## Fraser Canyon Hospice Society

1275 - 7th Avenue, Hope, B.C. V0X 1L4

Phone: 604-860-7713 Fax: 604-860-7709

January 2, 2018

Dennis Adamson  
Fraser Valley Regional District  
Director – 'Area B'  
45950 Cheam Avenue  
Chilliwack, BC  
V2P 1N6

Dear Dennis,

**Re 2018 – Grant in Aid Application Request – Re Fraser Canyon Hospice Society -  
Camp Skylark 2018 – Bereavement Camp for Children Ages 7-12 years.**

Please find enclosed a completed application form for your consideration to assist us in raising funds for our upcoming Camp Skylark, to be held on September 14, 15 16, 2018 weekend.

I have also included a DVD from our 2017 camp for your review , and a YouTube link is <http://www.frasercanyonhospice.org/camp-skyllark.html>

We are extremely grateful for your consideration to the application request.

Sincerely,

Mary Norman - FCHS Coordinator  
Pat Besse – Board of Directors Chair



# GRANT-IN-AID APPLICATION

Fraser Valley Regional District, 45950 Cheam Ave, Chilliwack BC, V2P 1N6

Applicant Name: Fraser Canyon Hospice Society  
 Mailing Address: 1275 - 7th Avenue, Hope, BC  
VOX 1L4  
 Email Address: Mary.norman@fraserhealth.ca (MARY NORMAN)  
ni2u2day@telus.net PAT BESSE  
 Contact: PAT BESSE - BOARD CHAIR 604-869-9059  
MARY NORMAN - HOSPICE COORDINATOR 604-860-7713  
 Name Telephone/Fax Number

Statement as to eligibility to apply for Grant-In-Aid Funds (Please attach a separate sheet if required):

Please see attached sheet

### APPLICATION SUMMARY:

Project or purpose for which you require assistance (Please attach a separate sheet if required):

Please see attached sheet

Statement as to how these funds will benefit the community or an aspect of the community (Please attach a separate sheet if required):

Please see attached sheet

Amount of Grant Requested: \$ 4,000.<sup>00</sup>

\*\*Please note: grants over \$4,000 require a financial statement and/or report on the applicant to be provided with the application.

To the best of my knowledge, all the information that is provided in this application is true and correct. Furthermore, I hereby certify that this application for assistance is NOT being made on behalf of an individual, industry, commercial or business undertaking.

PAT BESSE - BOARD CHAIR  
Pat Besse  
 Signature of Authorized Signatory and Title

Amount Approved:	_____
Date:	_____
Signature of Electoral Area Director	_____

# **Fraser Canyon Hospice Society**

## **Grant-In-Aid Application**

**Submitted to Fraser Valley Regional District -B'**

**By Fraser Canyon Hospice Society**

**January 2018**

## Fraser Valley Regional District Grant in Aid Application 2018

### Statement as to eligibility to apply for Grant-In-Aid Funds

Fraser Canyon Hospice Society was incorporated in February 1995 as a Registered Canadian Charity. (Registration number 899344584 RR 0001). We are located in Hope, BC at the Fraser Canyon Hospital. Our Mission is to provide quality support and end of life services to our clients and their loved ones, care givers and the bereaved in Hope and its surrounding areas. This includes clients in Agassiz, Hope, Yale, Boston Bar, North Bend, Sunshine Valley and all First Nations Communities within these areas.

### Project or purpose for which you require assistance

The program for which we are seeking funding will be our 14th annual Camp Skylark for children ages 7-12 who have lost a loved one. The aspect of our Mission which this program addresses is grief and loss experienced by children in our community. Long before we realize it, children become aware of death. But, when the loss of a loved one occurs, children are often overlooked during the grieving process.

If their grief is unresolved, children can be impacted in the following number of ways:

- Affects how children form and hold relationships
- Causes higher levels of depression in adulthood
- Insecurely attached children are at greater risk of continuing to form poor attachments to others and have low self-esteem
- Children continue to grieve at each developmental stage
- If grief is not dealt with, children can regress to previous behaviours such as wetting their pants/beds, acting out, having difficulty sleeping, withdrawal from usual activities and anxiety and panic attacks.
- Children sometimes make up stories in their head of how their loved one died, which are usually more severe than the real story
- Children often develop fears of others they love being taken from them, or that they too will die. Sometimes they even believe that they caused the death
- Masking emotions can result in isolation and/or behaviour problems at home and school which can continue into adulthood

In 2017, 24 children between the ages of 7-12 attended Fraser Canyon Hospice Society's 13<sup>th</sup> Annual Camp Skylark program for children who had lost a loved one. The types of losses have been parents, Grandparents, sibling, Uncle/Aunt and Cousin.

The organizations goal is to provide a safe and caring atmosphere for children aged 7-12 years, who have lost a love one in their lives. There are no other bereavement camps in Hope. The program is open to all cultures in our community; many participants in the past have been from First Nation. Campers were from First Nations, Caucasian, Asian, East Indian, and African American children.

Over the years we have had campers reside in Yale, Boston Bar, Hope, Chilliwack, Langley, Abbotsford, Kelowna and Penticton. Majority of campers who attended 2017camp, resided in Hope and surrounding area.

During the weekend-long camp, the children partake in traditional activities such as rock climbing, archery, hiking, swimming, ropes courses, art, etc., which allow them to set their worries aside.

What makes Skylark unique is that, in addition to these activities, we offer bereavement activities specialized for children in the respective developmental age groups. Such activities include lantern making in honour of their loved one, a lantern ceremony, memory circles, sharing circles and music therapy.

We also have a memory tree that children, parents and caregivers decorate. Paper skylarks are made and hung on the memory tree at the closing ceremony. At 2017 camp we had a Native Elder performed traditional grief ceremonies and special musical guests have all helped the children in their grief journeys.

**Statement as to how these funds will benefit the community or an aspect of the community**

The children learned that it is good to express their feelings through activities such as art, music, play, writing, sports and talking. After bonding with other children and volunteers who had also experienced losses, many feelings of loneliness were reported to have decreased. Many of the children had significantly decreased anger issues after attending Camp and many of the children's fears and anxieties had subsided as a result of Camp.

Campers themselves have identified as helpful”:

Talking - Memory Circles - Music - Video Making – Swimming - Crafts – arts - Rock Climbing

How Camp Skylark helped:

During camp, the children were reassured that it is healthy to continue a relationship with their loved one by writing to them, including memories in their conversations and cherishing memory items that remind them of their loved one.

The children learned that it is good to express their feelings through activities such as art, music, play, sports and talking.

After bonding with other children and volunteers who have also experiences losses, many feelings of loneliness were reported to have decreased.

Many of the children had significantly decreased anger issues after attending Camp.

Many of the children's fears and anxieties had subsided as a result of Camp.

**Some quotes from previous campers and families:**

“Camp Skylark was one of the best experiences that our family has ever had!”

“I wish camp lasted forever”

**How YOU Can Help:**

Camp Squeah has been the venue of this annual camp since it started and along with the children, it is necessary to have the assistance of about 30 caring volunteers. Raising sufficient funds to pay for camp is a year-long effort each year, and along with the fundraisers, we also submit applications for corporate funding. There is no charge to children to attend camp, and cost per child is approximately \$350.00, plus meals and housing for the volunteers. As well we have to hire a Camp Director who has the responsibility of finding campers, interviewing families, putting together daily activities etc. This person works an 18 hours week for about 4 months. Budgets for Skylark are carefully prepared, but does amount to approximately \$23,000.00 for rentals, wages and supplies.

Raising funds for this camp allows us to continue to provide this valuable service in our community.

Thank you for considering this application request.