



ATRC Trail Race

Sat, Oct 20
7 am - 4 pm

- Athletes are shuttled by bus to the start of race by 8:45am located at 6850 Cox Road,, Mainland Sand & Gravel entrance.
- Athletes run 700m south on Upper Sumas road to the trail entrance of Centennial Trail
- traffic pylons separate a section of the road for athletes to run on (the east side of the road). Athletes run on shoulder of the road - see traffic control plan map
- race marshalls ensure all athletes stay within range of pylons
- race marshalls monitor traffic to allow race to start
- race marshalls monitor traffic to continue after 15 minutes once racers have all passed by and are on the entrance of the trail

